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## Maine Statewide News Letter (August 1984)

Institute for Nonviolence, Education, Research, and Training Staff  
*Institute for Nonviolence, Education, Research, and Training*

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## AFL-CIO

The Maine AFL-CIO will hold its annual Summer Institute on August 21-24 at the University of Maine at Orono, but this year's event will have a few twists. One will be a special session on "Developing Women's Leadership" to encourage more women to attend and to emphasize the importance of women in leadership roles within the union. A second unique event is a presentation of "To the People" by the Little Flags Theater of Boston, a musical tribute to the struggles of workers and unions to create a better life for working people. "To the People" will be presented on Thurs., Aug. 23, 7:30 PM at the Pavilion Theater at UMO and is open to the public. Call 581-4124 for tickets.

The Institute will also offer its usual selection of workshops for union or potential union activists-- Workers Compensation, Occupational Safety and Health, Collective Bargaining, Right-to-Know legislation, Labor History, Political Action, Central America, and Sexual Harassment, for example. There will also be films, volleyball, and a picnic to lighten up the event. Cost for the institute will range from \$120-150 for those who need housing, less for those who provide their own. To register: Maine AFL-CIO, 72 Center St., Brewer 04412, 989-3630.

### REFORESTATION BRIGADE

From Sept. 8 to October 7 one hundred thirty Americans from diverse ethnic backgrounds, occupations and ages will participate in a reforestation project to prevent soil erosion in Nicaragua. The program, sponsored by the National Network in Solidarity with the Nicaraguan People, will include an orientation period in Miami. The total cost including expenses within Nicaragua and fees to the NNSNP, is \$700.00 from Miami. Financial assistance is available. The application deadline is August 10. If you would like to apply contact Selma Sternlieb, 21 McKee St., Brunswick, 04011 or PAUSICA, 82 Pine St., Portland, Me. 04102, 773-8904.

### BOYCOTT

The Boycott Census have sent a copy of a list of business' that the AFL-CIO Executive Council have officially sanctioned. A few of these businesses include: Brown & Sharpe MFG., Co., Continental Airlines, INC., Equitable Life Assurance Society, Faberge, INC., Procter & Gamble MFG, Co., R. J. Reynolds Tobacco Co., Louisiana-Pacific Corp. These are only a few listings, for more info. contact the Boycott Census, RFD 1 Box 3445, Norway, Me.

## HEALING

The 1984 Healing Arts Festival, the 4th annual, will be held again at Hidden Valley Camp in Freedom (off Rt. 220) on Labor Day weekend, Aug. 31-Sept. 3. As usual, the festival will include a multitude of workshops, special vegetarian meals, evening entertainment, and lot of outdoor recreation.

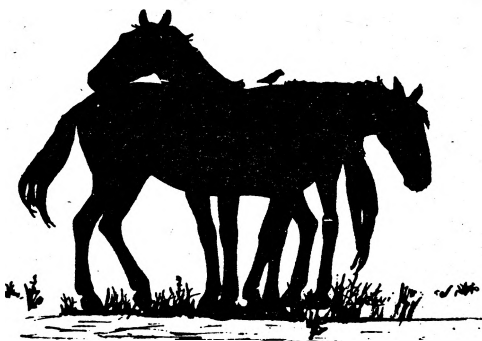
Besides the usual large number of workshops on topics like yoga, meditation, massage, and nutrition, there will be "experiential workshops" preceding the festival on Aug. 25-26. These will include one on firewalking with Tolly Burkan (Aug. 25, 3-10 PM, \$50) and Zea Moore conducting several sessions on crystals and creativity. Contact Hidden Valley, Box 13, Freedom 04941, 342-5177 for details on these pre-festival events.

The festival will offer music and dance on Friday, Saturday, and Sunday nights (including Jim Scott on Sat.), a Sunday banquet, use of all Hidden Valley facilities (swimming, sauna, tennis, hiking, canoeing, riding) and cabin or camping spaces. Cost for the 3½ days is \$150 (\$125 before Aug. 1) or \$40 for Sunday only. For a registration form: Addi Jaffe, 84 Union St., Belfast 04915, 338-2159.

And the following weekend, Hidden Valley will host the Third Annual Women's Ritual Healing Gathering, Sept. 7-9, including some of the same facilities plus rituals, circles, and other events. Cost is \$35-45, including food and lodging. Workshop leaders are needed. For a registration form: Ritual Gathering, 208 Walden St., Concord, Mass. 01742 or call Barbara in Maine, 763-3211.

### DRAFT HORSE COMPETITION

A Draft Horse Competition to test skill will be an event at H.O.M.E. Craft and Farm Fair on Sat. August 4. Depending on entries, there will be four categories: Novice, single and team, and Master, single and team. Entry fee \$10. First prize in each category, 200 pounds grain; other prizes are ribbons. The purpose of the competition is to promote the use and appreciation of work horses in wood harvesting and small farming. For entry application write Sr. Lucy, H.O.M.E., Orland, Me. 04472. For more info., call (207) 469-7961.



## Theater

For those farther south who can't attend but are interested in the issues of working people, the Boothbay Dinner Theater is presenting a musical rendition of Studs Terkel's "Working" from Aug. 16-22, beginning about 7 PM. Call 633-6186 for reservations or details.

The AFL-CIO is also planning another Labor Day Celebration in Deering Oaks Park in Portland on Labor Day, including a parade, speakers, and music. More next month on this, but those interested in helping out can contact Hilda Dykeman at 773-8198 or 772-7704.

## A New Market for Organic and Maine-Grown Foods

A new kind of grocery store in Portland will emphasize organically-grown and Maine-grown produce and staples. The Whole Grocer at 118 Congress Street is opening sometime in July and is looking for local suppliers of fresh produce and other Maine products. With 2400 square feet of selling space, Elise Thibodeau, the owner, feels that The Whole Grocer will be competitive with the supermarket chain stores. Growers who may be interested in selling through the new Portland store should call Elise at 747-7711.

## VACATION

Besides all the other vacation spots listed in last month's MSN is Blueberry Cove, billed as a "Children's Camp for adults" in Tenants Harbor. Blueberry Cove offers 30 acres, a large main dining room and small or larger cabins, craft/wood/pottery shops, saunas, and boats.

In addition to a resort-type arrangement, Blueberry Cove is offering adult programs in August and September after the children leave, including a ceramics workshops on Aug. 13-25, women's sailing school on Aug. 18-25, and a writing workshop with Joan Larkin (date in Aug. not yet definite). September events include a sailing weekend, mother/daughter activities, canoeing, and a women's building school.

For a brochure about Blueberry Cove (the rates are inexpensive): Box 520, Tenants Harbor 04860, 372-6353.

### DEADLINE

The deadline for articles for the MSN is the 20th of each month. If you have any articles or info. you want to put in the newsletter, please have them in by the 20th. We would like to have them in by then so the newsletter can go to press as early as possible so you can receive the newsletter as early in the month as possible. THANK YOU!

## BOOKS

Several small Maine publishers have recently released books that Maine people may find of special interest:

From Thorndike Press (PO Box 157, Thorndike 04986, 948-2962), for example, comes Second Sunrise by Michael Pogodzinski, which lists facts, figures, and arguments against nuclear war. Thorndike's list of books is varied, however, including The Voice of Maine, interviews with Maine people, Hoskins's Cow and Aunt Shaw's Pet Jug, two books of humorous verse by Holman Day, illustrated by Tim Sample, and The Allagash, by Lew Dietz. Thorndike specializes in books about the outdoors and Maine humor.

Then there's Salt (PO Box 1400, Kennebunkport 04046) and its publications about Maine culture (a Maine version of Foxfire). They have special issues on Eastport, fishing, Indian Island, river driving, trapping, and Mount Desert. One year (4 issues) of Salt plus a discount on other publications and a few other benefits is available for an \$18 Salt membership.

Dog Ear Press offers the latest works of Mitchell Goodman (of Temple)--The End of It, an anti-war novel, and A Life in Common, a book of poems. Dog Ear also has other literary gems from local writers, so write for a list of books to Dog Ear Press, PO Box 143, S. Harpswell 04079.

Finally, although Scott Nearing has died, Helen Nearing and the Social Science Institute (Harborside 04642) go on, offering nine books by Scott, including The Making of a Radical and Civilization and Beyond, four by Helen, including the Good Life Picture Album and Simple Food for the Good Life, and four by the two of them, such as Living the Good Life and Continuing the Good Life. Order from the source.

### H.O.M.E. ANNUAL FARM & CRAFT FAIR

H.O.M.E., Inc., is having a Craft & Farm fair August 4 & 5. Opening Saturday at 9:00 a.m. and continuing through Sunday. Features: Workhorse Logging Competition, Auction, Raffle, Amateur Contest, Bluegrass Jamboree, Chicken Barbecue with on-going events of Craft Booths, farm animals, Music, food, pony rides, Hot Air Balloon rides, films, and covered wagon rides, plus more. Day care available 50¢ per hour. Admission \$1.00 Adults, children and seniors FREE. Bluegrass admission \$4.00 Adults, children and Seniors \$2.50. Contact: Karen Saum, H.O.M.E. Box 10, Orland, Me. 04472 or call 207-469-7961.



## EDB, Irradiation, Methyl Bromide, Aluminum Phosphide: Who Needs Them?

Arrowhead Mills in northern Texas (see May/June *MOFGA*) is not the only grain company that doesn't use EDB to protect stored grains from insect infestations. While Arrowhead relies on forcing cold air through small bins, other grain companies in the south, where heat and humidity make insect control a real challenge, are using harmless carbon dioxide gas.

According to a recent article in *New Farm* magazine, Riviana Foods in Abbeville, Louisiana has their 30 concrete grain storage silos, each 100 feet high, outfitted with hoses and valves that fumigate grains with CO<sub>2</sub>. Insects cannot survive when the atmosphere within the silo hits 60 percent CO<sub>2</sub> due to the lack of oxygen.

Continental Grain in Beaumont, Texas plans to convert some of its 44,000 bushel-capacity silos to CO<sub>2</sub> management, and in Australia, more than 1/4 of the total grain stored is treated with CO<sub>2</sub>. USDA's recent experiment using CO<sub>2</sub> grain treatment on the farm successfully stored wheat all winter with only one CO<sub>2</sub> application. Some companies, such as Cargill Grain Co., feel CO<sub>2</sub> is impractical since nearly an airtight seal is needed on the silo or bin. CO<sub>2</sub> is also effective on fruits. A USDA researcher in Miami, Florida proved that CO<sub>2</sub> kills 95 to 100 percent of citrus pests within 48 hours of exposure.

The cost of CO<sub>2</sub> protection compares favorably with chemicals, application equipment is simple because the gas is safe. CO<sub>2</sub> is heavier than air (thus it displaces quickly). CO<sub>2</sub> fumigated grains don't need to be held or aerated until safe, and insects are not likely to develop resistance.

MOFGA

## ALLIANCE

The death of Charles Howard, a gay man who was allegedly thrown off a Bangor bridge and drowned because he was gay, has not been forgotten. The Bangor Area Lesbian/Gay/Straight Alliance has been formed, with the hope of seeking justice for those who did harm to Charlie and insuring that such harassment and negative attitudes against lesbians and gay men will not continue in Bangor.

The group has been meeting regularly on Mondays at the Unitarian Church, Main and Union Sts., in Bangor since the vigil and memorial service early in July, when about 200-300 attended. Several task forces have been formed to make changes. One committee will be engaged in a "court watch" to insure that justice is done to those accused of the crime and to the victim. A second group will be working toward a statewide and perhaps city-wide human rights law which would protect the rights of gay men and lesbians. A third group will be doing public education about homophobia and the need to respect the diversity of people. Finally, a committee will work to stop all future harassment of lesbians and gay men.

The group needs help with its committees and projects to insure that the tragedy of Charlie Howard's death will lead to action and change. Persons interested in helping can contact the Alliance at PO Box 1805, Bangor 04401 or by calling Dwight at 827-3234 or Rich at 947-1253.

## MUSIC

Maine will host several unique music festivals in August, including the Saco River Festival in Cornish (a series of folk concerts), the Rockwood Music Festival in Rockwood (bluegrass), Old Bristol Days in Penmaquid (ethnic), the Maine Festival in Brunswick (everything), the Portland Folk Festival (variety), and the World Fellowship Music Weekend in Conway, N.H. (children, labor, and peace songs).

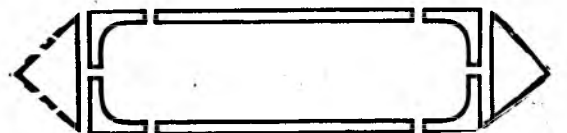
Details are long and space is short, so call the following numbers for details: Saco River (Aug. 1 & 6), 625-8379; Rockwood (Aug. 5), 277-3756; Old Bristol (Aug. 4-5), 529-5161 or 677-2720; Maine Festival (Aug. 3-5), 725-8731 x704; Portland (Aug. 24-25), 761-0591, 774-0456; World Fellowship (Aug. 31-Sept. 3), 603-447-2280.

## History Center

Although the Norlands-Living History Center "Heritage Days" are over, the farm is still open for tours and hosts special adult live-in sessions on August 3-6 and Aug. 31-Sept. 3. To arrange a tour or a brochure about the old-time farm, contact Norlands Center, RFD 2 Box 3395, Livermore Falls 04254, 897-2236.

### WORK HORSE SEMINAR

A week-long introductory course in the use of work horses for logging and small farm use is being offered at the Mandala Farm of the St. Francis Community in Orland from September 3 thru 8. Instruction includes care of horses, how to harness, drive and yard, hitching and using small farm equipment and basic forestry. Three instructors and three Belgian draft horses. Maximum enrollment is 15. This insures hands-on experience. For classes, room and board (rustic cabins) \$150. Write St. Francis Community, Box 44, E. Orland, Me. 04431, or call 469-7961 (between 9 a.m. to 5 p.m. Monday thru Sat.) for application and brochure.



Nathan Zobrow



## Legal Advice From Pine Tree

What you are about to read is legal information prepared by Pine Tree Legal Assistance for use by low-income people. It is general information and is not intended to be a substitute for the legal advice of a lawyer on specific problems.

Electric, gas, water and telephone utility companies in Maine are regulated by state law and by the Public Utility Commission. This means that there are rules and regulations which the companies must follow when they shut off their services.

The most common reason for a utility company to shut off services to you is failure to pay a proper bill within 30 days after it is sent to you by the company. There are other reasons for shut-offs, like fraud in getting the services and tampering with utility equipment, but this concentrates on problems created by a failure to pay a bill on time.

If you fail to pay a bill within 30 days after it is sent, the utility may give you a written notice that it intends to shut off the service on or after a certain date. The notice must be sent to you at least 14 days before the date the company will shut off the service. Unless the bill is paid or arrangements are made to pay the bill within those 14 days, the service may be shut off on the date stated in the notice or within 10 working days of that date.

To avoid having the utility service shut off, you should contact the utility company as soon as you realize that you will have a problem in making the payment. You should try to arrange to pay the bill over time.

When you cannot pay a bill in full, the utility must continue the service to you if: you pay a reasonable part of the bill; you agree to pay the rest in reasonable installments and; you agree to pay all future bills when they become due. This means that the next time you get a bill, you will have to pay the full amount of that bill plus an installment on the bill you couldn't pay in full.

You should make sure that the agreement you make is one you can live with, because if you don't live up to it you will be in a worse position later. If you reach an agreement with the company and fail to do what you promised, the company may shut off the services after sending you a 3-day notice.

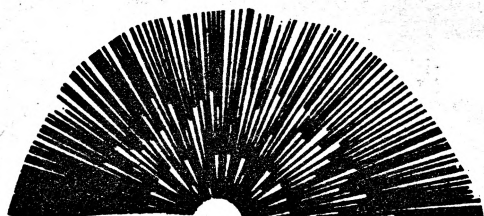
If you disagree with the amount that the utility says you owe, or if you don't think the utility has treated you fairly, you should talk to a lawyer of your choice or the Referral Unit.

This Time '84

## FAIR

Help Wanted--Want to help a dynamic, growing event to become even better? Then you are invited to become a volunteer for the Common Ground Country Fair or even join the planning team. Hundreds are needed, and every volunteer gets a free T-shirt and pass to the fair.

And among the new ideas for this year's fair are the Rural Skills Pentathlon, a Rodale Press Photo Contest, Moonshiner's Muster, Ice Cream Cranking and pie contests, and evening entertainment by the likes of singers Lui Collins and Martha Sandefer, Tim Sample, storyteller Jackson Gilman, political musician Charlie King, and pianist Glenn Jenks. To find out more about the fair, to be held on Sept. 21-23, write Common Ground Fair, Box 2176, Augusta 04330 or call 622-3118.



## W. W. II

Early August has traditionally meant the commemoration of the atomic bombings of two Japanese cities at the end of World War II, and this year is no exception in Maine, with peace events and protests in several areas.

The most organized event is in Bangor, where the Bangor Peace Initiative will sponsor a peace celebration, commemoration, and possible civil disobedience outside the gates of the Air National Guard Base. There will be a peace celebration beginning at 1 PM on Griffin Rd. off Union St. (near Dept. of Human Services) including music, kites, games, to be followed by a commemoration of the 39th anniversary of the bombing of Hiroshima and Nagasaki which will involve speakers and silence.

About 3-3:30 PM, members of the Bangor Peace Initiative affinity group will block gates to the base in hopes of highlighting the involvement of the base in refueling bombers carrying nuclear weapons which continues to maintain and "fuel" the arms race. To join the event or to help the BPI with its action, call 947-1694 or 223-4959.

Similar but smaller events are planned in Portland (fasts, signs, shadow-painting--call Elaine McGillicuddy at 797-5684), in Kennebunk (possible vigil--call Jacky Peters at 985-7620), and in Waterville, where the statewide Pax Christi (Catholic) peace group will meet on Aug. 5 at 224 Main St. at 1 PM, then go to Railroad Square at 3 (see calendar) and hold a tree-planting at the Waterville Library at 5 PM. Call Julie Kane at 873-1146 or Suzanne Hedrick at 622-7398.

Look for similar Aug. 5-9 commemorations of this tragic event in your area and join them if moved to do so.

### NOTICE

Subscription rates are \$4. Most people returning their questionnaire did not send in their money to start or renew their subscription.

#### SUBSCRIBE NOW

Yes, I would like to renew my subscription.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Zip \_\_\_\_\_

A donation of \$4 is welcome. But pay what you can, the extra for someone's tuition. If you can't pay anything, at least let us hear from you.



## Apple Replant Problems

Apple replant disease, though unidentified as to exact cause, often occurs where apples are planted after apples. The new trees simply do not grow well and return on investment is greatly reduced.

According to Richard Norton in an article in *American Agriculturist*, apple replant disease seems more of a problem with size-controlling rootstocks than it is with seedling rootstocks. M 9, M 26, MM 106 and interstem trees of M 9/MM 106 should be avoided on replant sites.

The cause of the trouble *might* be nematodes, pythium fungi or herbicide damage to the mycorrhizal fungi (fungi in the root zone) which are essential for good root function in the uptake of nutrients. Nematodes are generally more severe on sandy soils than on heavier ones. Soil and root samples can be sent to Cornell University, and they will tell you if nematodes are a problem. Of course fumigation or nematicides will rid the soil of nematodes, but organic growers should note that in a biologically active soil there will be bacteria which attack nematode eggs and soil fungi which prey on nematodes by trapping the worms within a loop of fungal hyphae. Pythium fungi in soil, though perhaps a partial cause of replant disease, have not been shown to be THE cause. Norton recommends orchard rotations (planting pears or other fruits) and not replanting apples for 10 or 15 years, using the strongest, healthiest nursery stock on replant sites, fruit thinning in the early years (replant trees have a tendency to overset), trickle irrigation instead of fumigation and filling the tree hole with peat soil or other clean soil from another area.

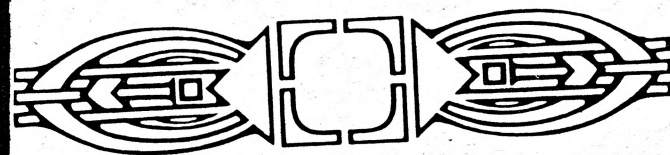
MofGA

## Draft Update

The Selective Service has stepped up its drive to register young men for the draft, particularly in Western states. According to the Central Committee for Conscientious Objectors (CCCO), the Selective Service is actively publicizing the registration program within high schools; through publicity displays, announcements over public address systems, and guest speakers from the Selective Service. The Selective Service is now accepting registration forms from young men up to 120 days before their eighteenth birthday. This makes it easier to register large groups of young men at school assemblies or public registration drives.

All of these activities are illegal. The Military Selective Service Act states that the only authorized method of registration is through the post offices. Only men within thirty days of their eighteenth birthday or older (born after 1960) may be registered. This drive is insidious because it makes schools into an arm of the U.S. military system. If the Selective Service is actively working in your local schools, urge your school board to prohibit the practice, and encourage teachers and guidance counselors to refuse to take part in any registration activities. You can also request that equal time be given in the schools to draft counseling and the study of nonviolence.

Letters protesting the Selective Service's activities can be written to: General Tom Turnage, Selective Service System, Washington, DC 20435.



# CALENDAR

SUN MON TUES WEDS THURS FRI SAT

**ALL AUGUST** - Maine Folk Dance Camp (classes, parties, food, etc.), Box 100, Bridgeton 04009, 647-3424.

**Aug. 3-6** - Norlands Living History Center is still open for tours and hosts special adult live-in sessions. Brochure about old-time farm, contact: Norlands center, RFD 2 Box 3395, Livermore Falls 04254, 897-2236.

**Aug. 4 & 5** - H.O.M.E. Annual Craft and Farm fair. Rt. 1, Orland, Me. Cost: \$1.00 admission adults, Children & seniors FREE. Bluegrass Jam-boree \$4.00 adults, Children & Seniors \$2.50. Contact: Karen Saum, 469-7961 (207 area code).

**Aug. 5** - "The Lost Generation" and Children of Hiroshima," free, 3 p.m. at Railroad Square Cinema, Waterville, 873-6526.

**Aug. 5** - Peace Celebration/Arms Race Protest outside Air National Guard Base, Griffin Rd. & Union Sts., 1 PM. Call Marguerite at 947-1694 or David at 223-4959.

**Aug. 11** - "Envisioning Review Base" with tapes of Ken Hayes, 9-6, Om Phanti Janaki Wellness Center, 272 Sabattus St., Lewiston, Me. 782-1211.

**Aug. 16-22** - "Working" in Boothbay. Call 633-6186.

**Aug. 19** - Beyond War Training for Trainers, Oblate House, Augusta, 9-4, \$4-5. Vinnie Burns, RFD 1 Box 3400, Wayne 04284, 685-9205.

**Aug. 21 - 24** - Maine AFL-CIO Summer Institute at UMO, Orono. AFL-CIO, 72 Center St., Brewer 04412, 989-3630.

**Aug. 23** - "To the People" At Summer Institute, UMO, Orono, 7:30 p.m.

**Aug. 21 - 24**

**Aug. 25-26** - Healing Arts workshops in Freedom, Hidden Valley, Box 13, Freedom, Me. 04941, 342-5177.

**July 29-Aug. 3** - Canoeing & Rafting Contact: Debbie Sugerman, Unity College, Unity, Me. 04988

**Aug. 31 - Sept. 3** -- Healing Arts Festival in Freedom. Addi Jaffe, 84 Union St., Belfast, Me. 04915, 338-2159.

**Sept. 3 - 8** - Workhorse Logging Seminar. Maximum enrollment 15. Cost: \$150, for room, board, classes. For more info. contact St. Francis Community, Box 44, E. Orland, Me. 04431 or call 469-7961.



## LAND TRUST

With land costs going up and up, and all our fertile land being used for shopping malls--the Covenant Community Land Trust is trying to do something about this.

The land trust started when it realized a growing need for low-income families to purchase land and a house at a reasonable price.

So through the good faith of H.O.M.E. Co-op, land was purchased and two homes were built.

Each home had 10 acres in which to raise gardens and livestock (if the family wished).

The homes were two or three bedroom houses with kitchen and living room and one bath. Each house is designed for energy conservation. The homes are heavily insulated, with only one window on the North side. All the homes face the South. Each home also has a passive solar greenhouse attached to it.

All in all, the Covenant Community Land Trust has six (6) homes so far. They hope to build more. The Land Trust is looking for ways to build the homes for lower costs, since they are trying to build for lower-income families.

Land trusts are coming into their own right, and hopefully they will continue.

The world would be better off, if people tried to become better. And people would become better, if they stopped trying to become better off. For when everybody tried to become better off, nobody is better off. But when everyone tries to become better, everyone is better off. Everyone would be rich, if nobody tried to be richer. And nobody would be poor, if everyone tried to be poorest. And everyone would be what (s)he ought to be, if everyone tried to be what (s)he wanted others to be.-----Peter Maurin

## WEEDS

I started this summer with full intentions of teaching my daughter how to earn money.

Her only job was to weed the garden (our small garden, we have two gardens), for \$2.00 an hour for one hour a day.

She started out doing the job with half a heart. She felt this job was not her style, but the money kept getting in the way. Money is the one thing she will not pass up.

As the days went by one hour a day, became one hour every other day. I told her if she just did half an hour in the morning and half an hour at night, she would soon see the progress she was making and not feel so overwhelmed.

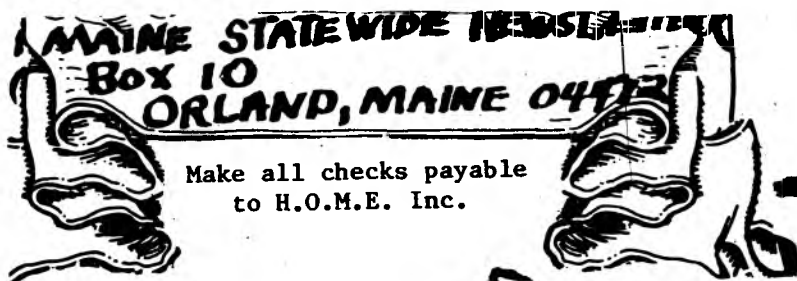
Soon, I realized that I was being hustled. Ten minutes were spent in the garden, and the rest of the time was spent looking at the clouds, or sitting in the shade or the best, playing with her dog, Moss, who is the meanest dog I've ever seen. I figure their dispositions match---.

Now she is away for three weeks on vacation (from what?) and has left me with the garden. (loaded with weeds I might add.) But that isn't too bad. I just received a letter asking, "when do I get the \$25.00 you owe me for weeding the garden?"

All I want to know is--"Who is learning about earning money?"



Fritz Eichenberg



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